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DEPARTMENT OF HEALTH AND HUMAN SERVICES

DIVISION OF CHILD AND FAMILY SERVICES
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Marla McDade
Williams, MPA
Administrator

RURAL NEVADA CHILDREN'S MENTAL HEALTH CONSORTIUM MEETING MINUTES SEPTEMBER 21, 2023

DRAFT

All members participated via Microsoft Teams technology (video or audio)

VOTING MEMBERS PRESENT:

Cherylyn Rahr-Wood
Denise Padilla
Mala Wheatley
Michelle Sandoval
Melissa Washabaugh
Jaymee Oxborrow
Rebecca McGough
Sarah Hannonen

VOTING MEMBERS ABSENT:

Heather Plager
Lana Robards
Marcel Brown

STAFF AND GUESTS:

Amna Khawaja
Beverly Burton
Britt Young
Char Frost
Christine Moninghoff
Denise Padilla
Elizabeth Schott
Elyse Monroe-Marsala
Jacqueline Wade
Kelly Caranza
Kristen Rivas
Lori Follett
Matthew Bommarito
Mignon Hoover
Natalie Filipic
Nicole Mara
Shannon Hill
William Wyss

1. Call to Order, Roll Call, Introductions. – *Melissa Washabaugh, Rural Children’s Mental Health Consortium Chair*

Melissa Washabaugh called the meeting to order at 3:05 pm. Mignon Hoover, Division of Child and Family Services (DCFS), conducted roll call and a quorum was established.

2. Public Comment. *No action may be taken upon a matter raised during a period devoted to comments by the general public until the matter itself has been specifically included on an agenda as an item upon which action may be taken.*

Cherylyn Rahr-Wood, Regional Behavioral Health Coordinator for the Northern Behavioral Health Region, announced the publication of a new brochure geared toward Carson, Churchill, Douglas, Storey and Lyon Counties with information on every type of state, regional, countrywide and international resources. She will send the electronic versions to Kristen Rivas to distribute to the Consortium listserv.

3. For Possible Action. Approval of meeting minutes – *Melissa Washabaugh*

a. Main Meeting Minutes – August 17, 2023

MOTION: Rebecca McGough made a motion to approve the August 17, 2023 meeting minutes.

SECOND: Jaymee Oxborrow

VOTE: Unanimous, with no opposition, Cherylyn Rahr-Wood and Sarah Hannonen abstained.

4. For Information Only. Nevada Medicaid Applied Behavioral Analysis – Lori Follett, Social Service Program Specialist III, Department of Health & Human Services (DHHS)

Lori Follett shared a PowerPoint presentation and explained that Applied Behavioral Analysis (ABA) is the design, implementation, and evaluation of environmental modifications using behavioral stimuli and consequences to produce meaningful changes in human behavior. The presentation gave an overview of ABA policy history and which covers Medicaid recipients aged 0-21 with a diagnosis of Autism Spectrum Disorder, Fetal Alcohol spectrum Disorder or other condition for which ABA is recognized as medically necessary (Medicaid Service Manual Chapter 3700). Ms. Follet reviewed covered services, ABA rates and codes. Senate Bill 191 expands the age range from 0-21 to include recipients less than age 27. She encouraged everyone interested in more information to visit the website:

<https://dhcfs.nv.gov/Pgms/CPT/ABA/>. Ms. Follet’s email address and complete presentation are available at: <https://dcfs.nv.gov/Meetings/RNCMHC/2023MeetingandAgenda/>.

5. For Information Only. Nevada Medicaid Transportation Services (NEMT) – Kelly Carranza, Social Services Program Specialist II, Department of Health & Human Services (DHHS)

Kelly Carranza presented a PowerPoint providing an overview of NEMT and NEMT coverage, which is a mandatory Medicaid service provided to eligible Nevada Medicaid recipients to access Medicaid covered services with enrolled providers. Currently Nevada contracts with MTM to broker the service. Ms. Carranza reviewed the NEMT assessment process, modes of transportation and provided details on how to schedule services. Additional information/regulations on trip exceptions, transportation of minors, meals and lodging were covered. The MTM Community Partner line is 1-844-299-6333. Ms. Carranza’s email address, presentation and NEMT FAQ document are available at:

<https://dcfs.nv.gov/Meetings/RNCMHC/2023MeetingandAgenda/>. Questions about the service can be emailed to: Transportation@dncfp.nv.gov.

6. For Possible Action. Review, discussion, and possible vote on allocating FY 2024 funds towards scholarships for community needs– Kristen Rivas, Clinical Program Planner II, Planning and Evaluation Unit, DCFS

Kristen Rivas describe how RCMHC could set up a scholarship fund and accept applications through the RCMHC website for rural community members with needs for children and families. The Consortium would need to allocate a portion of the 2024 budget to purchase gift cards through the DCFS/Fiscal purchasing process. Kristen would manage the gift card distribution process. Ms. Rivas will give more information on how the Washoe County Children’s Mental Health Consortium manages their scholarships/gift card process to Melissa Washabaugh. No vote was taken.

7. For Possible Action. Review, discussion, and possible vote on the FY 2024 Budget – RCMHC Members

MOTION: Rebecca McGough made a motion to reallocate \$4,000 from the Speaker Fees, Wellness and Outreach Items, and Mental Health Awareness budget categories to the Personnel/Contractors category for the purpose of hiring a consultant to develop the RCMHC Annual Plan.

SECOND: Cherylyn Rahr-Wood

VOTE: Unanimous, with no opposition or abstention.

- a. **Scholarships/gift cards for community needs** (travel for autism assessments, other needs) – No decision made.
- b. **RCMHC Retreat Workgroup** – The retreat will be held in Fallon on March 14th and 15th. The plan is to have a volunteer or donor for the main speaker. Members agreed to pay for their own travel to save money for other costs. More information will be available after the October 28th Retreat Workgroup meeting.
- c. **Virtual event speaker** – Budget funds for this were transferred to Contract Consultant category.
- d. **Transportation for families to attend RCMHC Retreat** – A suggestion was made to have stipends (gift cards) to pay for family travel or childcare for the event.
- e. **Consultant for RCMHC Annual Plan development** - Kristen Rivas will contact Megan Weller, contract consultant for the Washoe County Children’s Mental Health Consortium, to see if she is interested in developing the Annual Report. Dr. Jill Manit was contracted in the past. Clark County Children’s Mental Health Consortium contracts with Nevada Institute for Children’s Research & Policy to produce their report.
- f. **Plans for May Mental Health Acceptance Month** – Not discussed.
- g. A suggestion was made to have community partners donate and distribute promotional items.

- h. There are many RCMHC swag and promotional items at the DCFS Reno office for members to pick up. Options and costs for mailing/shipping of the items were discussed. No decision was made.

8. For Possible Action. Review, discussion and possible vote on Consortium support for Autism Spectrum Disorder resources, specifically to conduct evaluations and provide resources – Rebecca McGough, Parent – RCMHC Members

Not discussed (See Agenda Item #7, a.).

9. For Possible Action. Discuss recommendations and possible approval of RCMHC participation in future community activities and events – RCMHC Members

- a. Trunk or Treat, Silver Springs, October: Jayme Oxborrow will email a request to prepare a supply of RCMHC swag and promotional items for the event to Kristen Rivas. She will pick them up.
- b. Michelle Sandoval requested items to be shipped to Rural Clinics and will send email to Kristen Rivas with her request.
- c. October Bullying Prevention Month (NV PEP/Youth M.O.V.E. Activity Books): Natalie Filipic said Nevada PEP has Bullying Prevention activity books available to be printed. Budget funds would need to be allocated for the printing. There are NV PEP activity books already printed and available at the DCFS Reno office from last year's printing order.

10. For Possible Action. Discussion and possible vote on recommendations to fill Rural Children's Mental Health Consortium membership vacancies – RCMHC Members Nominations for vacant positions:

- a. DCFS: Representative of the agency which provides child welfare services in the region
- b. Representative of business community in the region, pediatric occupational therapist and business owner
- c. Representative from a parent advocacy organization role, family specialist
- d. Representative from a tribal provider of mental health services in the region
- e. Representative of a private industry related to children's health care in the region

MOTION: Cherylyn Rahr-Wood nominated Char Frost for the role of representative of a private industry related to children's health care in the region.

SECOND: Rebecca McGough

VOTE: Unanimous, with no opposition or abstention.

Char Frost is planning to do outreach to tribal organizations and will see if anyone is interested.

11. For Information Only. Update on System of Care (SOC) Grant – Bill Wyss, Division of Child and Family Services (DCFS)

Tabled.

12. For Information Only. Update on Pediatric Mental Health Access Care Grant (NVPeds) – Nicole Mara, Education and Information Officer, Nevada Department of Health and Human Services

Tabled.

13. For Possible Action. Updates from Nevada PEP and discussion and possible action regarding collaborative initiatives – Representative, Nevada PEP

Tabled.

14. For Information Only. Updates from Medicaid – Marcel Brown, Social Service Program Specialist III, Division of Health Care Financing and Policy (DHCFP)

Tabled.

15. For Possible Action. Make recommendations for agenda items for the next meeting
– RCMHC Members

Tabled.

16. Public Comment. *No action may be taken upon a matter raised during a period devoted to comments by the general public until the matter itself has been specifically included on an agenda as an item upon which action may be taken.*

Tabled.

17. Adjournment. – *Melissa Washabaugh, Chair*

The meeting adjourned at 4:57 pm.

CHAT TRANSCRIPT:

9/21 2:42 PM Meeting started

[9/21 2:54 PM] Mignon Hoover

Hello and Welcome to the September RCMHC meeting. Please enter your name, title and organization in the Chat for the record. This meeting is being recorded. Thank you

[9/21 2:58 PM] Kelly Carranza

Kelly Carranza, Transportation Program Specialist, Nevada Medicaid

[9/21 2:58 PM] Dr. Christine Moninghoff

Dr. Moninghoff, Licensed Psychologist 2, DCFS

[9/21 2:59 PM] Kristen Rivas

Kristen Rivas DCFS PEU

[9/21 3:00 PM] Nicole Mara

Nicole Mara, Education & Information Officer - DCFS NVPeds

[9/21 3:00 PM] Lori Follett

Lori Follett, Nevada Medicaid

[9/21 3:05 PM] Elizabeth Scott

Beth Scott, Nevada Medicaid

[9/21 3:11 PM] Mala Wheatley (Guest)

Mala Wheatley, Pacific Behavioral Health, Voting Member

[9/21 3:20 PM] Britt Young

Britt Young- NV PEP - byoung@nvpep.org

[9/21 3:20 PM] Britt Young

Can I please be added to meeting invite list.

[9/21 3:21 PM] Kristen Rivas

Yes, not a problem. Thank you Britt.

[9/21 3:21 PM] Mignon Hoover

I will pass your information along Britt!

[9/21 3:24 PM] Elyse Monroy-Marsala

<https://www.medicaid.gov/medicaid/benefits/early-and-periodic-screening-diagnostic-and-treatment/index.html>

Early and Periodic Screening, Diagnostic, and Treatment | Medicaid

The Early and Periodic Screening, Diagnostic and Treatment (EPSDT) benefit provides comprehensive and preventive health care services for children under age 21 who are enrolled in Medicaid. EPSDT is an Early and Periodic Screening, Diagnosis and Treatment (EPSDT)

[9/21 3:30 PM] Lori Follett

•Lori Follett

•Social Service Program Specialist III

•lfollett@dhsfp.nv.gov

•abaservices@dhsfp.nv.gov

[9/21 3:36 PM] Cherylyn Rahr-Wood

IHS covered?

[9/21 3:57 PM] Mala Wheatley (Guest)

I am sorry I have to leave at 4.30 today. I think we have enough members for quorum today, just want to let you know.

[9/21 3:59 PM] Nicole Mara

Hello All, I apologize but I will need to jump off the meeting. NVPeds is still awaiting a response from HRSA on our No Cost Extension application. so we can continue our work past next week. As soon as we hear anything, we'll share that information. Otherwise, it has been a pleasure and an honor to be a part of this hardworking and dedicated group of compassionate leaders serving youth. Thank you all for all you do!

[9/21 4:02 PM] Kelly Carranza

I need to drop off. Please feel free to email Transportation@dhsfp.nv.gov for any questions or future issues with MTM and NEMT. Thank you!

[9/21 4:21 PM] Michelle Sandoval

I could use some items. We have 2 health events in Ely!!

[9/21 4:22 PM] Cherylyn Rahr-Wood

Ditto I could use some items. I am tabling a mental health event in Fallon next week on the 28th.. Can I set up sometime to pick up some??

[9/21 4:29 PM] Frost, Char

Maybe consider some different items to be branded such as journal books.

[9/21 4:29 PM] Frost, Char

for youth

[9/21 4:31 PM] Frost, Char

There's always Kristen Valentine!

[9/21 4:33 PM] Michelle Sandoval

I can help brainstorm ideas for speakers!

[9/21 4:34 PM] Cherylyn Rahr-Wood

I apologize but I have to step away for a minute!!

[9/21 4:36 PM] Frost, Char

commitments

[9/21 4:36 PM] Frost, Char

I'm here for you Rebecca!

[9/21 4:37 PM] Frost, Char

Clark utilizes NICRP

[9/21 4:38 PM] Frost, Char

Nevada Institute for Children's Research & Policy = NICRP

[9/21 4:40 PM] Cherylyn Rahr-Wood

I am back

[9/21 4:45 PM] Frost, Char

speaker fees + wellness/outreach items + mental health awareness

[9/21 4:51 PM] Michelle Sandoval

Make sure to take pictures, Jaymee!!!

[9/21 4:54 PM] Rebecca McGough (Guest)

I have to head out. Thank you everyone!

[9/21 4:56 PM] Elizabeth Scott

thank you

[9/21 4:57 PM] Meeting ended